

Jonah 2 Jonah's Prayer

1 From inside the fish Jonah prayed to the LORD his God. 2 He said:

"In my distress I called to the LORD,
and he answered me.

From the depths of the grave [a] I called for help,
and you listened to my cry.

3 You hurled me into the deep,
into the very heart of the seas,
and the currents swirled about me;
all your waves and breakers
swept over me.

4 I said, 'I have been banished
from your sight;
yet I will look again
toward your holy temple.'

5 The engulfing waters threatened me, [b]
the deep surrounded me;
seaweed was wrapped around my head.

6 To the roots of the mountains I sank down;
the earth beneath barred me in forever.
But you brought my life up from the pit,
O LORD my God.

7 "When my life was ebbing away,
I remembered you, LORD,
and my prayer rose to you,
to your holy temple.

8 "Those who cling to worthless idols
forfeit the grace that could be theirs.

9 But I, with a song of thanksgiving,
will sacrifice to you.
What I have vowed I will make good.
Salvation comes from the LORD."

10 And the LORD commanded the fish, and it vomited Jonah onto
dry land.

NOTES

"I Called To The Lord And He Answered Me."

Key Thought #1

From The Place where I was Furthest From God (vs. 1)

NOTES

DISTRESS = Tsarah
Pronounced tsaw-raw'
straits, distress, trouble
vexer, rival wife

GRAVE = Sheol Pronounced sheh-ole'
underworld, grave, hell, pit
the underworld
the OT designation for the abode of the
dead
place of no return - Exile
of the place of exile (fig)
of extreme degradation in sin

Key Thought #2 I Recognize God's Judgment (vs. 3,4,5,6)

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Key Thought #3 I Recognize Only God can Save (vs. 6b-10)

NOTES

Study Guide
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All scriptures NIV unless otherwise noted.